

# Sketch Note

# Boop

10 day  
challenge  
Workbook



10 days of activities to develop and practice your visual note-taking skills that will rock your Sermon notes and quite time!

written and doodled

by  Marsha Baker ©2021

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# what is sketchnoting?

Is a form of note taking where visual elements are used to express and relate main concepts and ideas. Sketchnoting creates a flow that focuses on listening, synthesizing and transferring what you hear. Sketchnoting uses both visual elements and handwriting to convey concepts.

Listen  
Synthesize  
Draw/doodle/sketch  
Write

**Sketchnoting is about IDEAS not art.**

Mike Rohde

## Why Sketchnoting?

Listening and drawing writes ideas on our brains twice – this is called Dual-Coding. This embeds the ideas in our brain deeper.

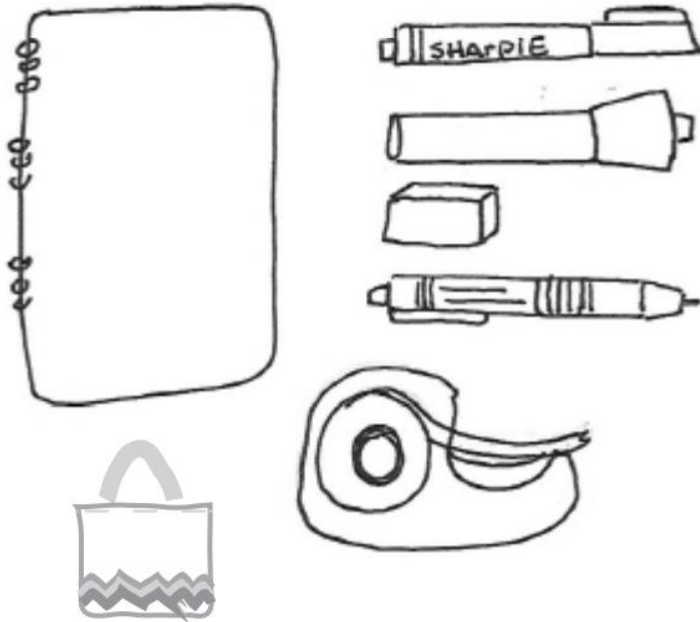
The process of drawing helps us comprehend what we're hearing.

We retain information longer.  
We recall information faster.

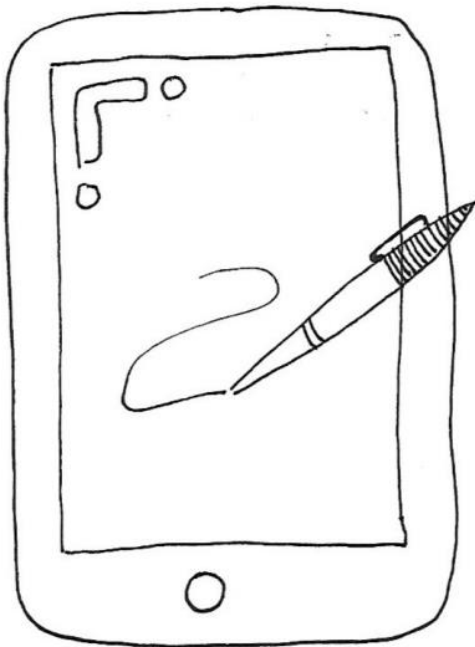
The process is way more fun.

The results are much more interesting.

# Choose your tools



1. Sketchbooks  
-dotted, graph, grid, no lines  
Moleskin, Leichstrum 1917,  
any blank sketchbook
2. Permanent pens, Micron, Le Pen,  
Sharpie pen, Uni ball Vision Elite
3. Pencil, eraser, tape optional
4. High-lighter  
optional: color pencil,(Prisma colors)  
markers
5. Bag - so all your supplies are easy to  
find and ready to go.



## FOR THE IPAd

1. Apple pencil
2. Apps:  
Procreate  
Paper by 53  
Concepts



DRAW  
an  
image  
of your  
Speaker  
or topic

ADD  
Speakers Name  
Date and Location

# ANATOMY OF A SKETCHNOTE

Make a Bold  
Title

← Add Shadow  
for emphasis

Use bubbles  
and call out  
Boxes for  
"ah ha" moments

Capture big ideas  
using numbers or  
Bullet points

Don't  
worry about  
mistakes

1. ~~~~~

2. ~~~~~

3. ~~~~~

DRAW  
Simple  
images  
to support the idea



Lines Separate ideas

Use Arrows  
to direct  
the flow

Point  
#2

Point  
#4

Point #3



I had a  
great  
idea

- ◇ List sub points
- ◇ with bullets
- ◇

Tip: ALWAYS  
WRITE THE TEXT  
BEFORE DRAWING  
THE BOX and  
BUBBLES

-----  
ALWAYS ADD YOUR Name, twitter or Ig  
handle



# Here are some practical tips as you prepare to sketchnote:

- Arrive early so you can get a good seat to get a good view of the speaker
- before the speaker begins, get settled. get out your supplies organized. Letter in the information you already know: title of the talk, date, location and speakers name
- If you're just getting started focus on the titles, sub-titles and organization of your notes with eye-catching numbers/bullets and connectors and dividers. Add icons only as it makes sense.
- if you want to add an icon but don't know how to draw it, save a little space, make a note in pencil and you can practice and add it in later.
- Don't stress over this, it will take a little practice. The thing to ask your self is - are you into the talk? are you grasping the big ideas?
- It takes practice, so don't give up too soon.
- remember I'm here to help you. email me with questions - [blessinks@live.com](mailto:blessinks@live.com)
- Join my mailing list to get lots of Sketchnoting tips.
- You are a sketchnote boss!

# Sketch Note Elements

Anybody can sketchnote!

1. Titles & Lettering
2. Bullets and numbers
3. Dividers & Connectors



4. Bubbles & Call out boxes

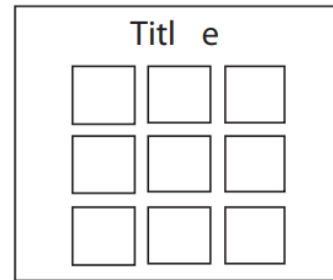
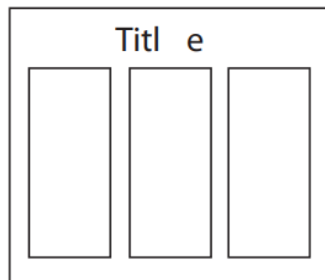


5. Color/ highlighter

6. Icon Library



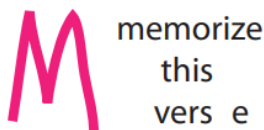
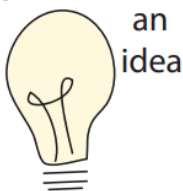
7. Layout



8. Legend

a list of symbols to help you sketchnote faster

examples



These will develop naturally over time

# BLOCK LETTER VARIATIONS

1. **THICK** Fall in

7. UPPER & LOWER

2. Double

8. **PATTERN** R N

3. Serif

9. ANGULAR

4. Dots

10. **SOLID**

5. HIGH ABEP "CURLIES"

6. LOW ABEP "THIN ABCDEFG"

7. ABCdefGHIJKL

# DAY 1

Practice Thick Block letters, write out the Alphabet in capital letters (#1 page 7).

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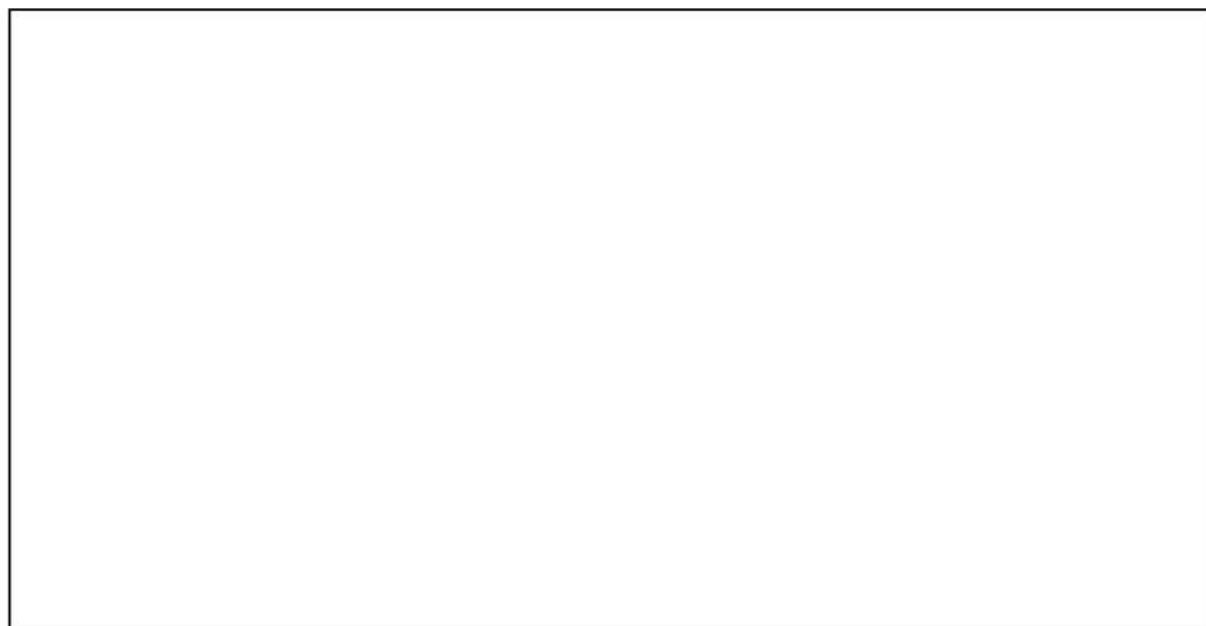
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Draw a scribble for 2 seconds. Add a beak and bird feet to make a scribble bird. Repeat 3-4 more times



# IconBrainstorming

3. Begin to think about the subject of your note-taking and begin to develop a list of icons you want to have at the ready when you're sketchnoting. If you're going to sketchnote the sermons then add things like, cross, angel, world, light. If you're sketchnoting business meetings, think about business icons. Make a list of 33 icons you want to learn to draw during this challenge. You don't have to come up with 33 things today. Just keep adding to this page as you think of more things you want to learn to draw. Practice your block letters when writing out your list. Add your icons each day on page 47.

1 \_\_\_\_\_

12 \_\_\_\_\_

23 \_\_\_\_\_

2 \_\_\_\_\_

13 \_\_\_\_\_

24 \_\_\_\_\_

3 \_\_\_\_\_

14 \_\_\_\_\_

25 \_\_\_\_\_

4 \_\_\_\_\_

15 \_\_\_\_\_

26 \_\_\_\_\_

5 \_\_\_\_\_

16 \_\_\_\_\_

27 \_\_\_\_\_

6 \_\_\_\_\_

17 \_\_\_\_\_

28 \_\_\_\_\_

7 \_\_\_\_\_

18 \_\_\_\_\_

29 \_\_\_\_\_

8 \_\_\_\_\_

19 \_\_\_\_\_

30 \_\_\_\_\_

9 \_\_\_\_\_

20 \_\_\_\_\_

31 \_\_\_\_\_

10 \_\_\_\_\_

21 \_\_\_\_\_

32 \_\_\_\_\_

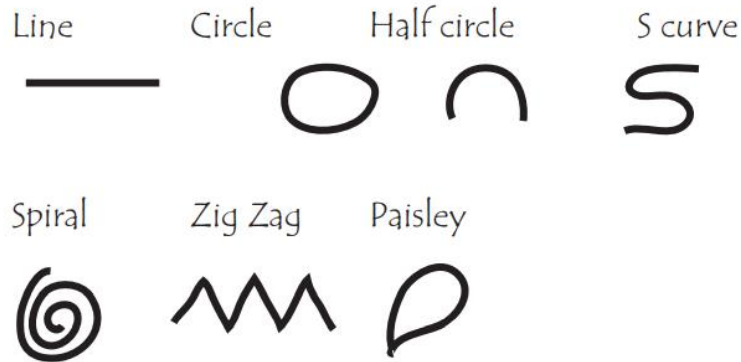
11 \_\_\_\_\_

22 \_\_\_\_\_

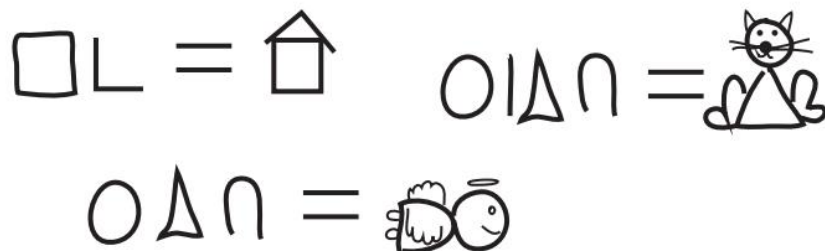
33 \_\_\_\_\_

# Visual Elements

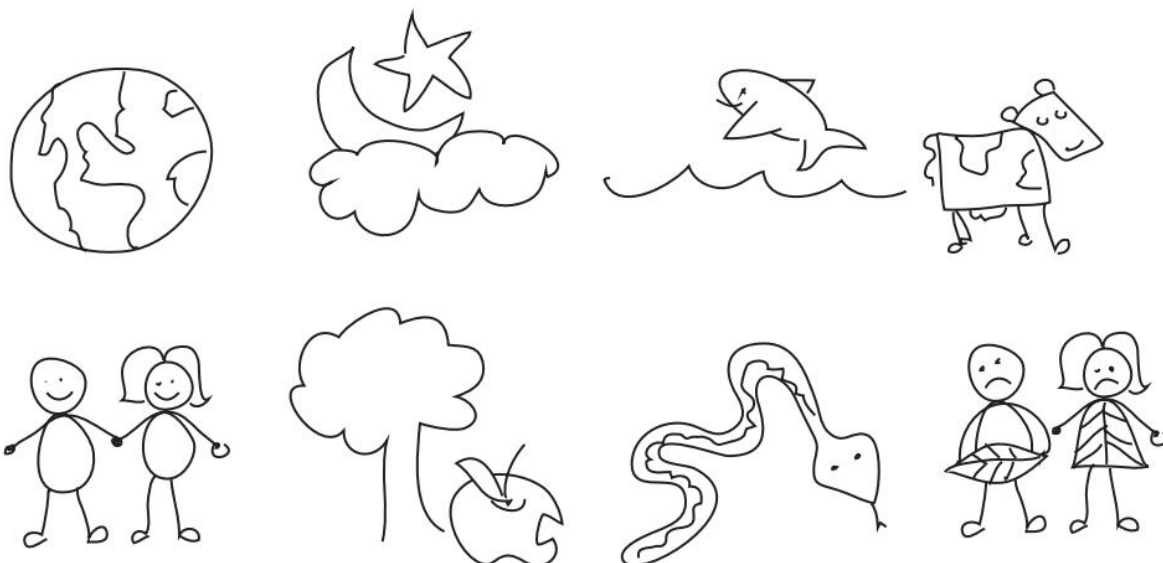
Adding a visual element does not require any artistic skills. You just need to quickly sketch things that make sense to you. The more you practice, the more comfortable you will become with it. The fiftieth time you draw an angle will be better than the first time. Your Sermon Sketchbook is personal and you share at your own discretion.



Drawing really only consists of seven basic shapes. Keep your images simple. With these seven basic shapes you make any image. For example:



Simple icons of the creation story.



4. Let's jump right in and get started on drawing some simple icons. Use the shapes on page 10 to guide your. Or you can search the noun project for inspiration. [www.the-nounproject.com](http://www.the-nounproject.com)



sun



star



moon



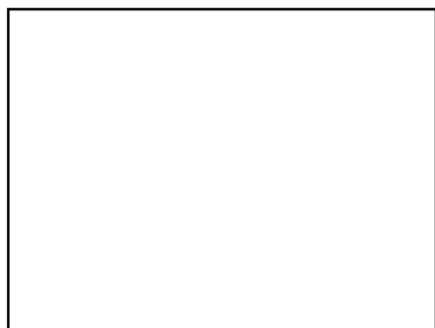
house



tree



flower



world



cat



dog ( a cat with  
droopy ears)

# DAY 2

Let's get ready to do your first Sermon Sketch-note this week end.

Write the sermon title in big block letters

## SERMON TITLE

Underneath the title add the date, speaker and place

Draw a box around titles and subtitles and highlight them

### Sub Titles

Take notes as you normally would but only using 2/3rds of the paper

As you have time during or after the sermon draw 3-4 small images or icons in this column

Sign and date your sketchnote at the bottom.

Use the next page to take your first sermon sketchnote 12





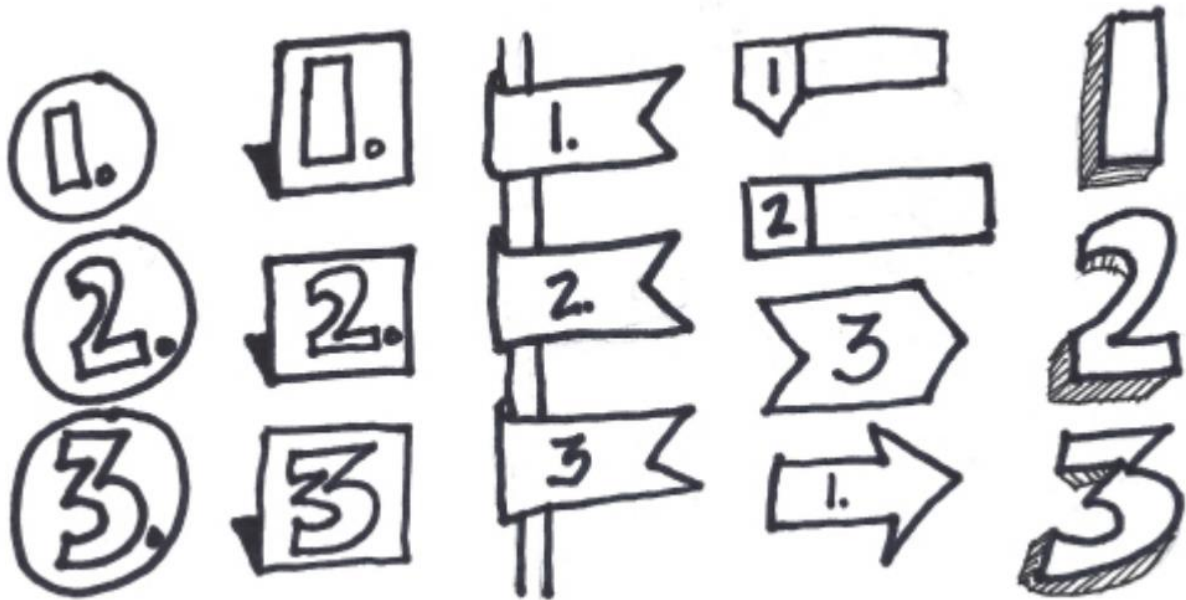
# DAY 3

1 Refer to your icon list on page 9. Draw 3 items on the list on page 48.

3. Practice bullets points below for when you are making a list. Practice a few styles below and add three or four more bullet styles.



4. Practice drawing some of the numbers below and then add two or three more styles of numbers that you can draw quickly while you're sketchnoting.



5. Using one of the number styles above make a list of your 4 favorite movies, desserts, places you've traveled. Feel free to add a doodle for fun.

# DAY 4

Refer to your icon list on page 9. Draw 3 items on the list on page 48.

Practice drawing some of the arrows below and then add two or three more styles of arrows that you can draw quickly while you're sketchnoting.

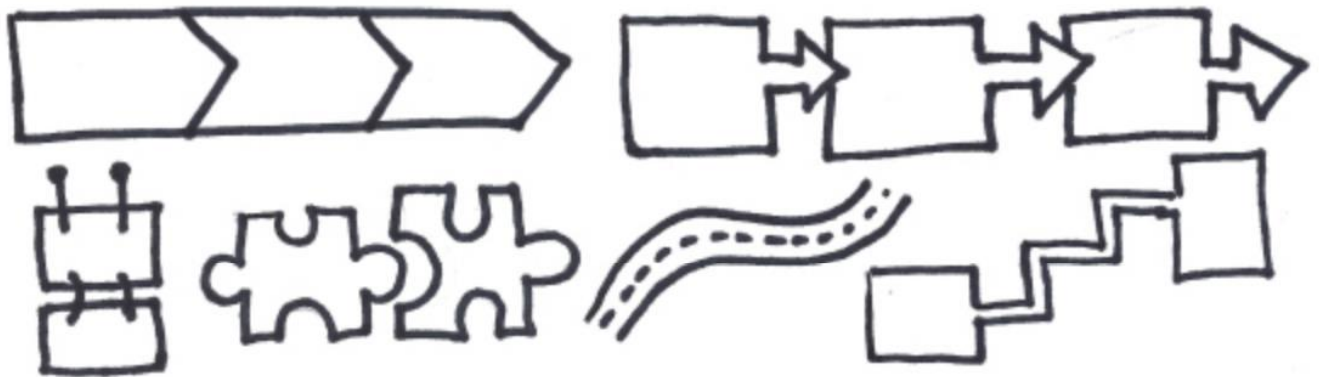




# DAY 5

Refer to your icon list on page 9. Draw 3 items on the list on page 48.

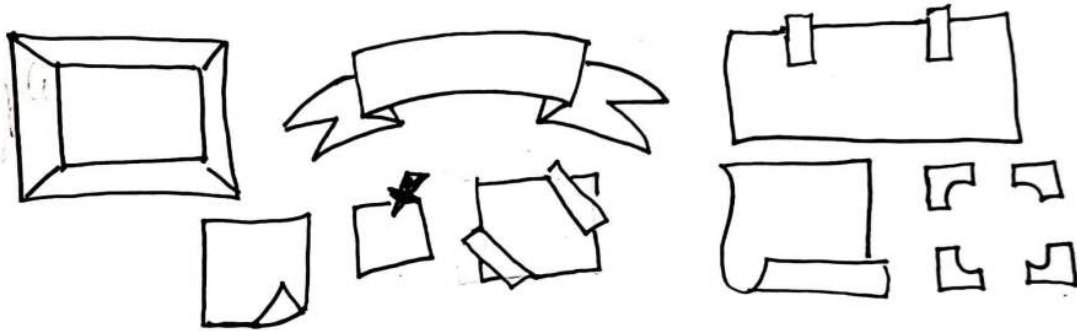
Practice drawing some of the connectors below and then add two or three more styles that you can draw quickly while you're sketchnoting.



# DAY 6

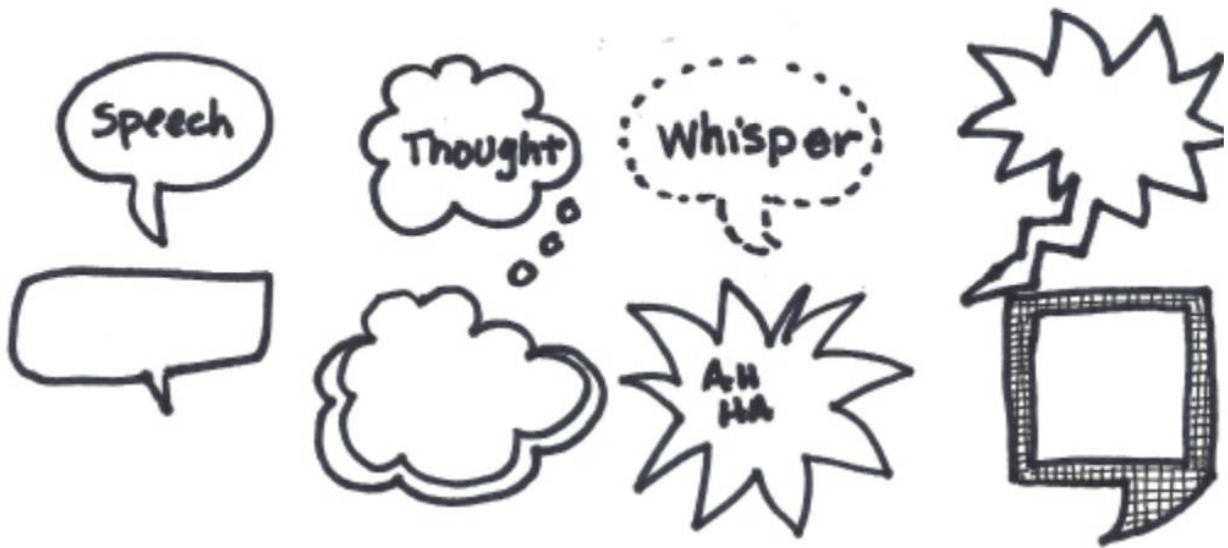
Refer to your icon list on page 9. Draw 3 items on the list on page 48.

Sometimes it's helpful to visually separate information with lines and boxes. Practice some of the frames below



# DAY 7

Practice drawing some of the bubbles and call out boxes below and then add two or three more styles that you can draw quickly



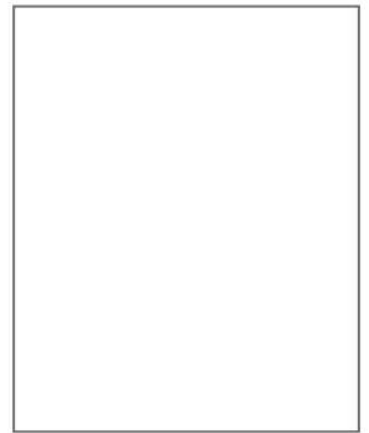
# DAY 8

Practice drawing bean people. Give them a body. Keep their features simple.

## People



man



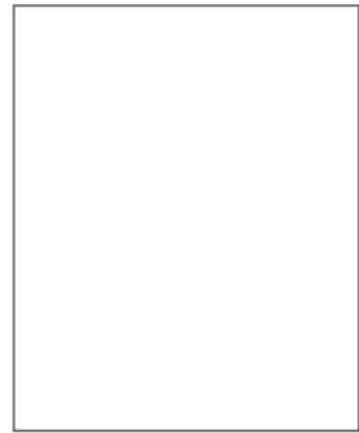
woman



child



walking



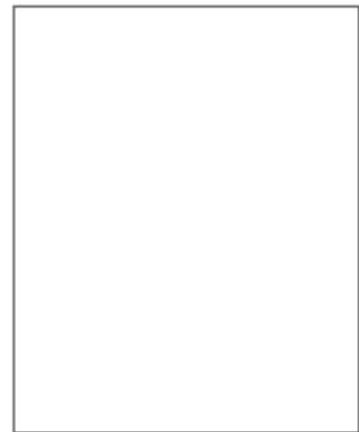
running



sitting



kneeling



praising



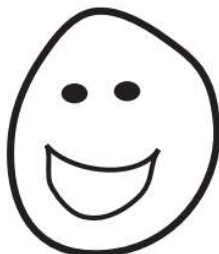
Practice faces to convey emotions. Keep the faces simple.

# faces

Keep expressions simple. Upward mouths are positive, and downward mouths are negative.



happy



laughing



unhappy

Angry

Silly

Sleepy

Scared

Proud

Curious

Grumpy

Confused

Bossy

# DAY 9

Try this really simple format for this week end's sermon sketchnote

Write the sermon title in big block letters

## SERMON TITLE

Underneath the title add the date, speaker and place

List verse references in this column

Take brief notes using a fancy bullet point to note a new thought

Draw one image that summarizes the sermon

Sign and date your sketchnote at the bottom.

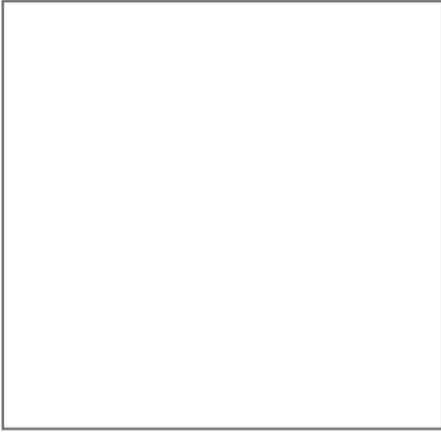
Use the next page to take your first sermon sketchnote



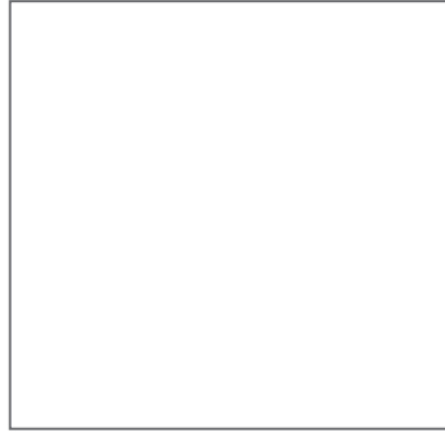
# DAY 10

## Verse Practice

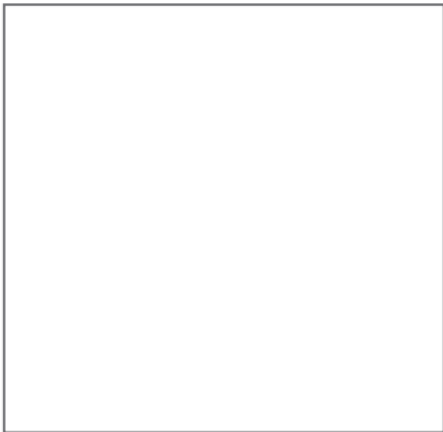
4. Draw an icon for each of these verses.



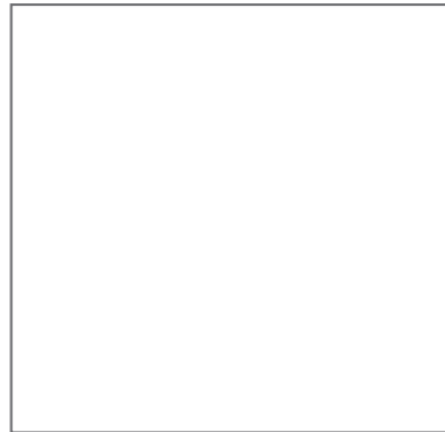
Psalm 1:3



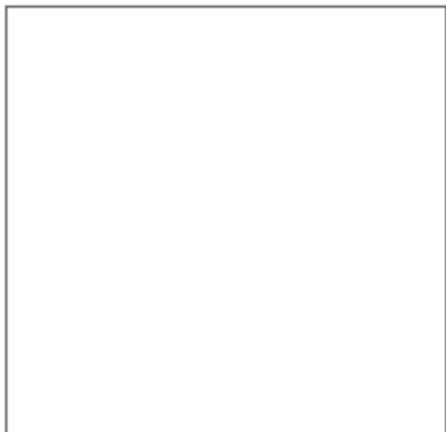
Joshua 24:15



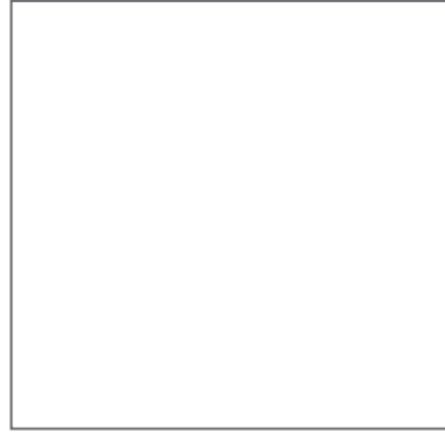
Ps 74:16



john 3:16



john 15:12



Ps 49:3



# Develop your own personal icons


# Develop your own personal icons


# Develop your own personal icons


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# Develop your own personal icons


# Develop your own personal icons




# Additional Resources

Marsha Baker – [www.blessinks.com](http://www.blessinks.com) Twitter/ Instagram: @blessinks  
blessinks@Live.com

Mike Rohde [rohdesign.com](http://rohdesign.com) Instagram: @rohdesign  
Books: Sketchnote handbook, and Sketchnote workbook  
Podcast: Sketchnote Army at [sketchnotearmy.com](http://sketchnotearmy.com)

Doodle Revolution by Sunni Brown Instagram: @sunnibrown

Back of the Napkin by Dan Roan

Sketchnoters to follow on Instagram:

Diane Bleck @diane.bleck (graphic designer, founder of Doodle Academy)

Eva-lotta Lamm @evalottchen (graphic designer)

Rob Demio @rob\_dimeo (physicist at NISC)

Brandy Agerbock: @loosetoothcom <http://loosetooth.com/>

Michael Clayton @profclayton (professor at Incarnate Word University)

Carrie Baughcum @heck\_awesome (special ed teacher)

Dana Ladenburger @dladenburger (teacher)

FACE BOOK GROUPS:

Sketchnote Boss  
Sermon Sketchnotes



## Other resources from Marsha Baker

ETSY SHOP:  
[www.blessinks.com/shop](http://www.blessinks.com/shop)

