

What's YOUR **WORD** for the *year?* 2021

MY WORD

--

A practical guide to help you stay focused for the upcoming year!

What is a WORD OF THE YEAR?

Choosing a Word of the Year is the concept of having an overarching theme you want to focus on for a year. I believe the concept originated for Christian, author and speaker, Jon Acuff. Since his introduction to this concept, it has become a very popular concept. Everyone has jumped on the band-wagon. But I think this is a great activity to help us stay focused throughout the year to be more intentional in everything we do.

Why do you need a Word of the Year?

Choosing a word for the year helps you become more intentional about how you spend your time. By saying no to impulsive things, you can be more intentional to do the things you will outline (below) to help you stay focused. If you can stay focused, will have fewer regrets and be pleased with the progress you made.

Choosing a Word of the Year

There's no right way or wrong way to find a word of the year. First and foremost, I think it has to start with prayer. What does the Lord want you to focus on? It could be a person or a verse. You might be a phrase instead of a word, but the concept is to pair down your focus on one thing which will help you grow and serve the Lord. Don't overthink it, keep it simple. If you're not getting a strong direction, look over the list below and then choose a word that speaks to you. If you get a clearer direction later in the year with a different word, that's ok. There are no word-police around that will give you a ticket for changing your word.

If it will help, Dayspring has a quiz (link in the blog post) that will help you choose your word for the year.

WORD OF THE YEAR IDEAS

ABIDE	EARNEST	INSPIRE	SAVINGS
ACTIVE	EBULLIENT	INTEGRITY	SAVOUR
ADAPTABLE	EDUCATED	INVINCIBLE	SCOPE
ADMIRABLE	EFFECTIVENESS		SECURE
ADVENTUROUS	ELATED	JOYFUL	SERVICE
AFFECTIONATE	ELEVATE	JUBILANT	SIMPLIFY
AGILE	ENCOURAGE	KINDNESS	SINCERITY
AGREEABLE	ENDURANCE	KNOWLEDGE	SKILLED
ALERT	ENERGIZE		SLEEP
AMAZED	ENJOY	LAUGH	SPARKLES
APPRECIATE	ENJOYMENT	LAVISH	SPONTANEITY
ARTISTIC	EXCELLENCE	LEADER	STRONG
ASSERTIVE	EXULTANT	LIMITLESS	SUCCESSFUL
ASSURANCE	FAIR	LOYAL	SUNSHINE
AUTHENTIC	FAMILY	LOYALTY	SUPREME
AWESOME	FAVORITE		
AWESOMENESS	FEARLESS	MAGNIFICENT	TACT
BALANCE	FIDELITY	MAJESTY	TEACH
BEAUTIFUL	FLOURISH	MATURITY	TENDER
BELONGING	FLOURISHING	MERCY	THRIVE
BELOVED	FOCUS		TRANQUIL
BENEVOLENCE	FORGIVENESS	NOURISH	TRANSFORM
BLESSED	FRIENDLY	NURTURING	TRIUMPH
BLOSSOM	FRIENDSHIP		TRUST
BOLD	FRUGALITY	OBEDIENT	TRUTH
BRAVE	FUTURE	OPENING	TRUTHFUL
BRIGHT		OVERCOME	
	GENEROSITY	OVERFLOWING	UNIQUE
CALM	GIFT		UNITY
CAPABLE	GIVING	PATIENCE	
CELEBRATE	GOODNESS	PEACE	VALUE
CHALLENGE	GOODWILL	PERSEVERANCE	VERSATILE
CHARITY	GRACE	PERSEVERING	VIBRANT
CHEERFUL	GRATITUDE	PERSISTENCE	VIBRANT
CHOICE	GROW	PLAY	VICTORIOUS
CLARITY	GLORY	POWERFUL	VITALITY
CLEAN	GLOW	PROMPT	
CLOSENESS	GUIDANCE		WARM
COMFORT		QUIET	WARMTH
COMMITMENT	HEALING		WATER
COMMUNICATION	HELPFUL	RADIANT	WEALTH
COMMUNITY	HOLY	READY	WELCOME
COMPASSION	HONEST	REFRESH	WISDOM
CONFIDENT	HONESTY	REFRESHED	WONDER
CONSISTENT	HONOR	RELIABLE	WORTHY
COURAGE	HOPE	RESPECT	
CREATE	HOSPITALITY	RESPECTED	YEARN
CURIOUS	HUMBLE		
		SACRED	ZEST
DEDICATED	IMAGINATIVE	SAFE	
DELIGHT	INFINITE	SALVATION	
DEVOTED	INNER-PEACE	SATISFIED	
DISCIPLINE	INNOVATION	SAVE	
DISCOVER	INNOVATIVE		
DRIVE			

GOALS

Once you have identified your word, then identify 3-5 goals for the year. Write them down here. Then see how your word and your goals fit together.

Make your goals smart goals – Specific, Measurable, Attainable, Relevant, and with a Time line. If you want to know more about Smart goals, Google it and you will find some great articles.

1. _____
2. _____
3. _____
4. _____
5. _____

Make it a year long process

1. Once you have identified your word, write it all over the place – on a post card, tape it to your mirror, write it on the front of your journal. Add it to the wallpaper on your phone, tablet and PC.
2. Try to find 12 verses so you can doodle one each month.
3. Write one action item you can take each month to live out this word.
4. At the end of the month write a short reflection on how things went with your action plan, how are you feeling, or any thing else you want to document.

MY WORD



Verses about my word

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____

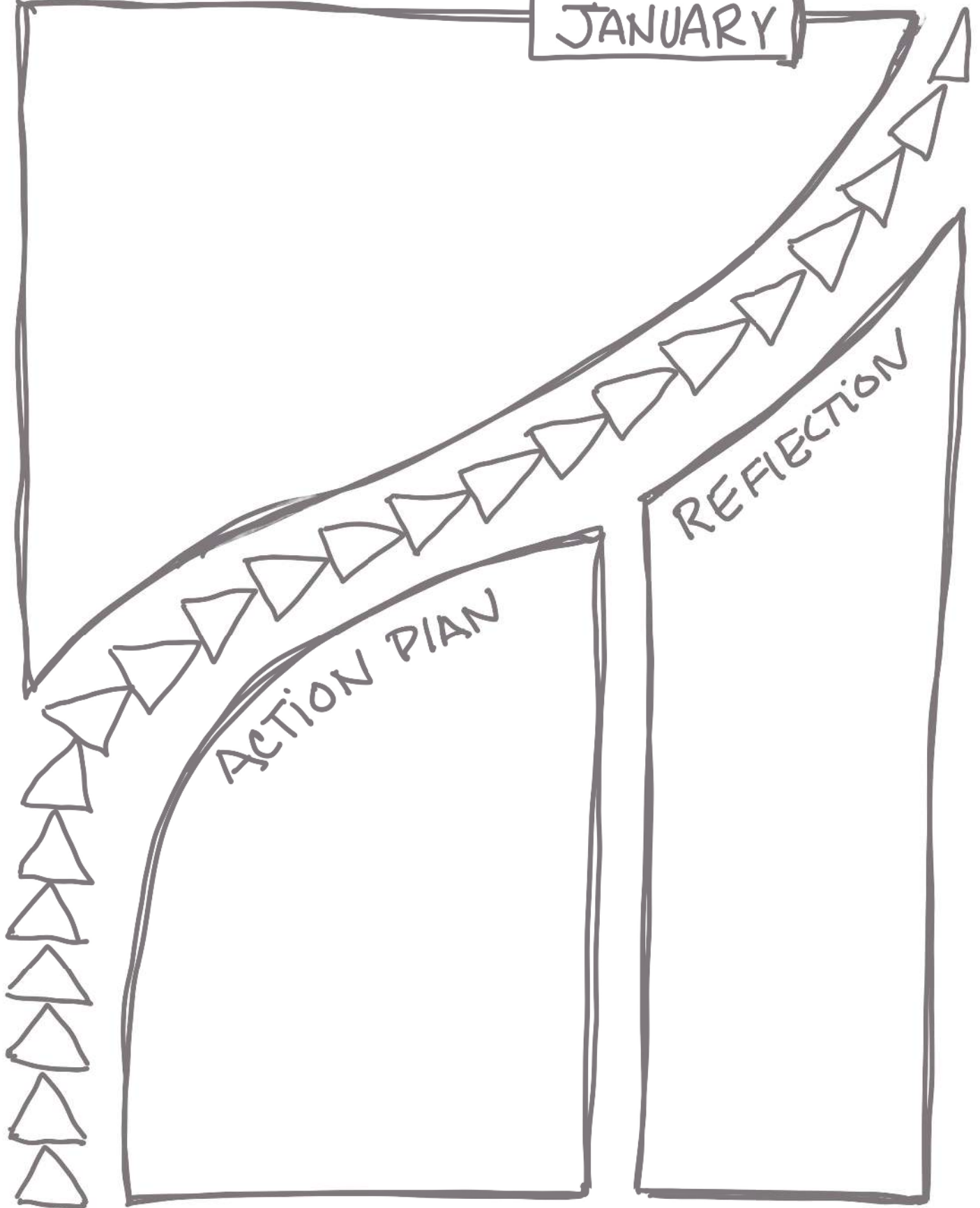
verse

JANUARY

REFLECTION

ACTION PLAN

WORD OF THE YEAR www.Blessinks.com



FEBRUARY

VERSE

WORD OF THE YEAR www.Blessinks.com

REFLECTION



ACTION PLAN

VERSE

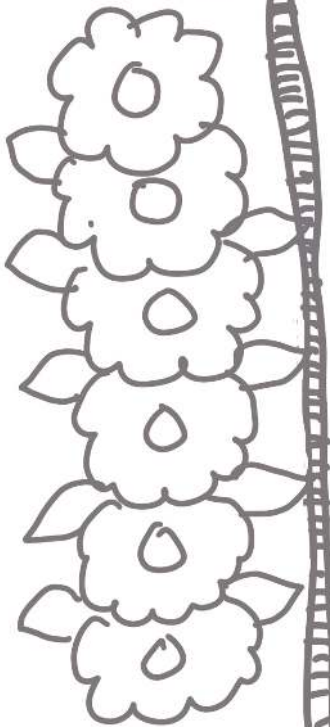
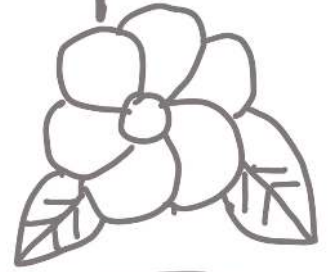
MARCH

ACTION PLAN

REFLECTION

verse

April



Reflection

Action Plan

WORD OF THE YEAR www.Blessinks.com

verse:

MAX

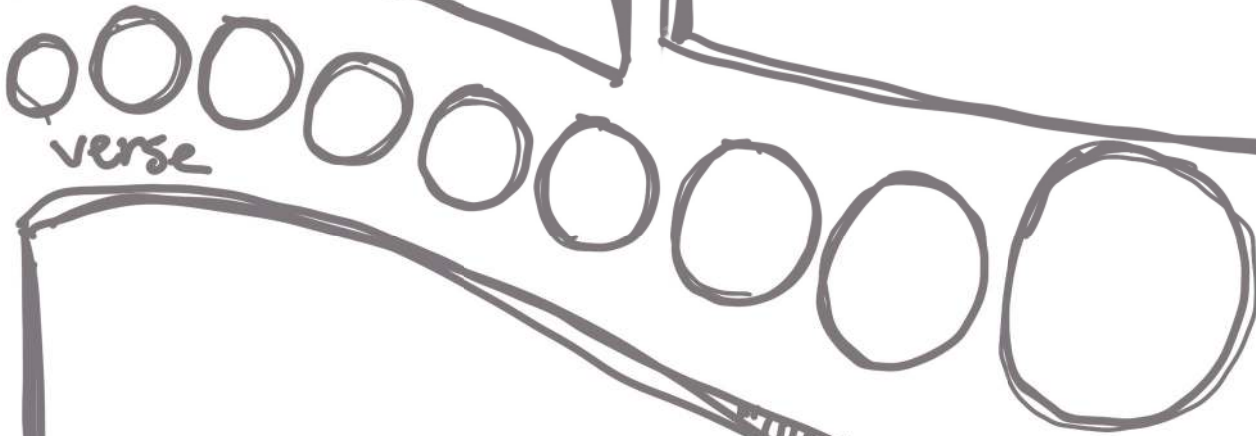
Action Plan:

Reflection

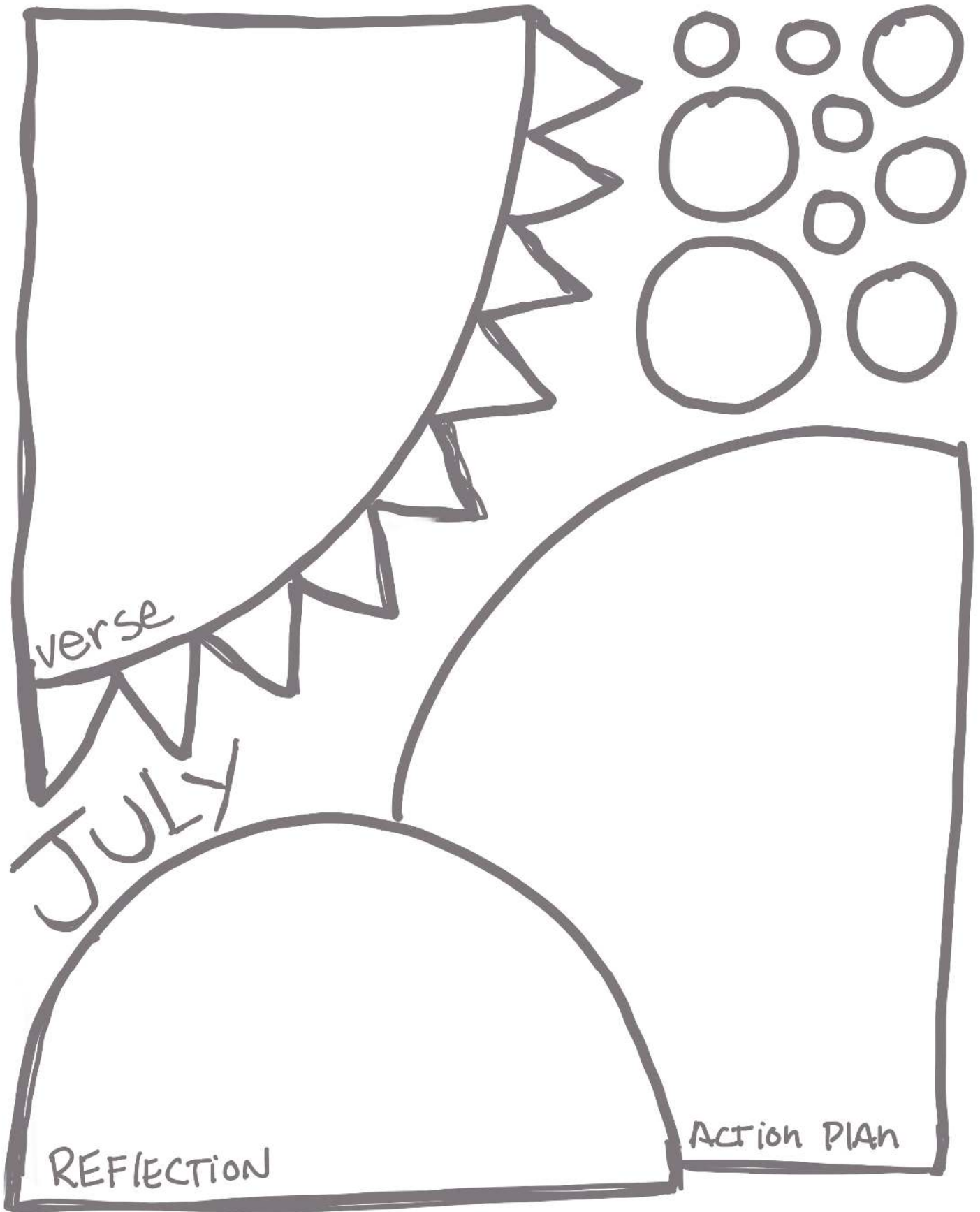


Reflection

Action Plan



JUNE



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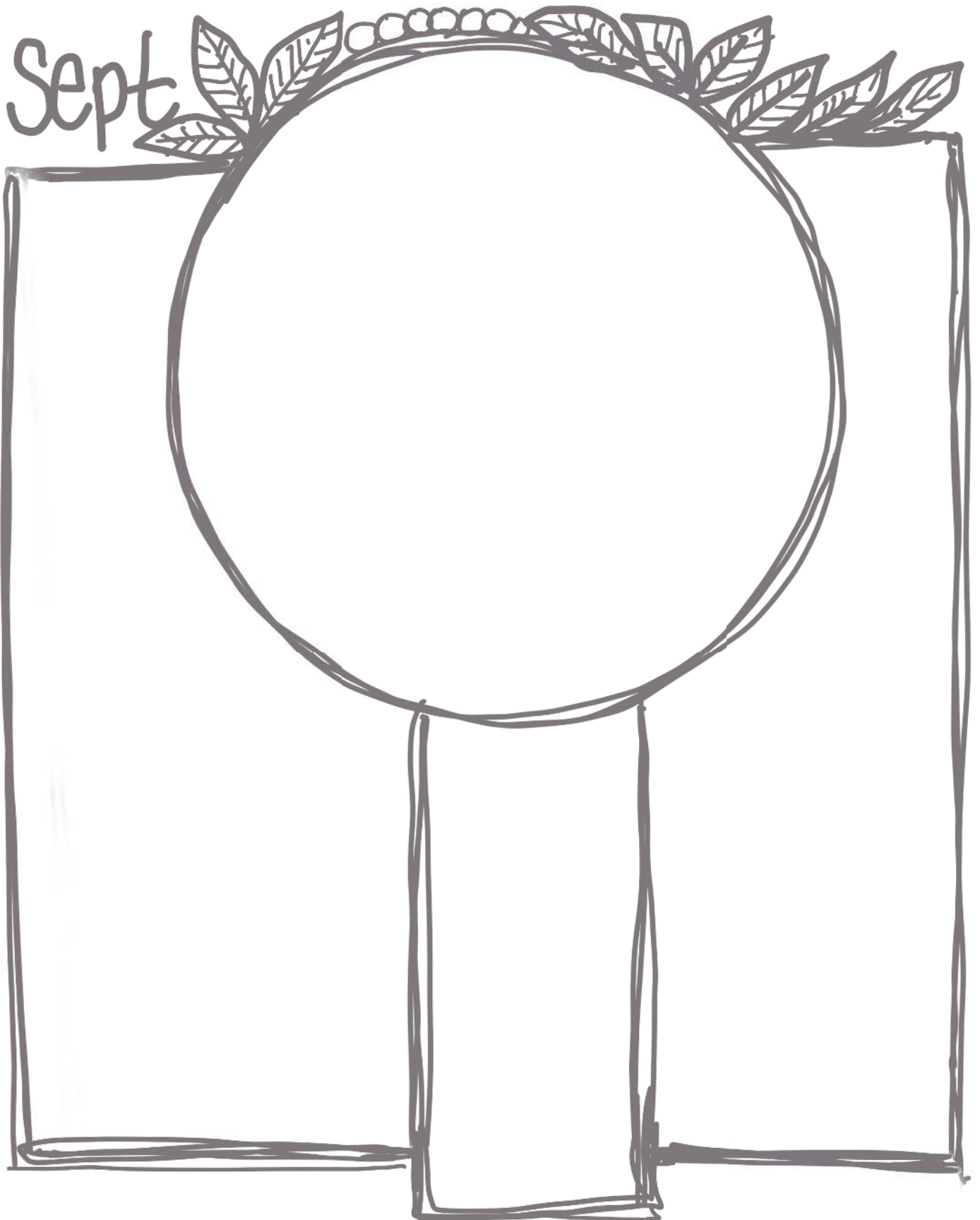
Action Plan

Reflection

AUGUST

verse

WORD OF THE YEAR www.Blessinks.com



WORD OF THE YEAR www.Blessinks.com

VERSE

OCTOBER

ACTION PLAN

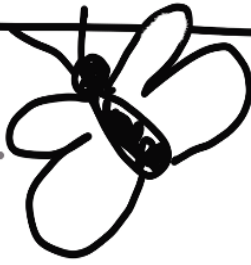


WORD OF THE YEAR

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REFLECTION

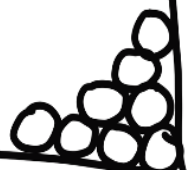
Action Plan



November

verse

Reflection



verse

Reflection

Action Plan

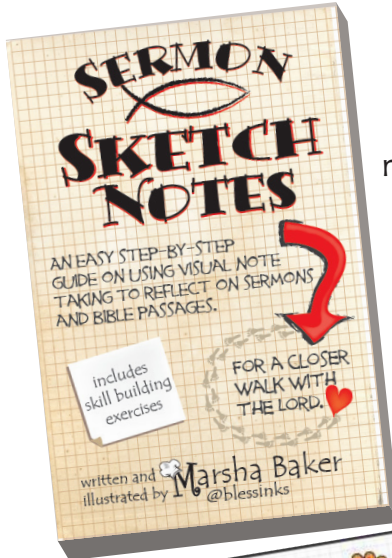


Marsha's resources

blessinks@live.com www.blessinks.com

P O Box 655 St. Charles MO 63302

BOOKS

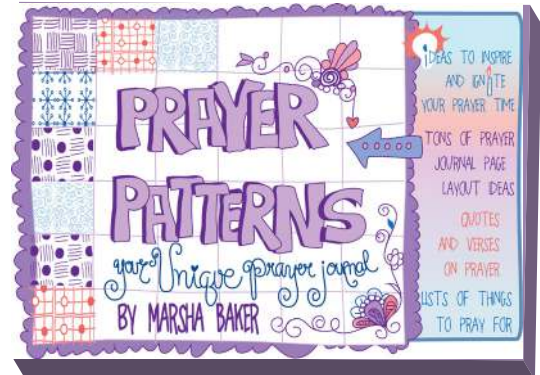


learn how to take more effective notes during the sermon through visual note-taking

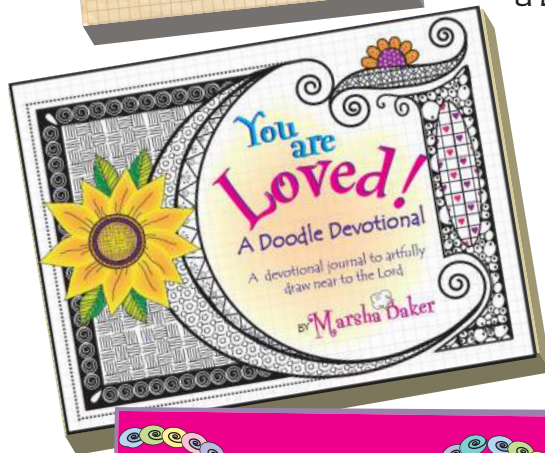
Speaking

available for workshops, custom zoom classes

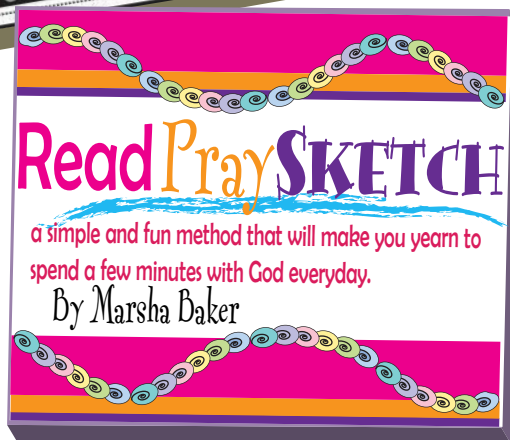
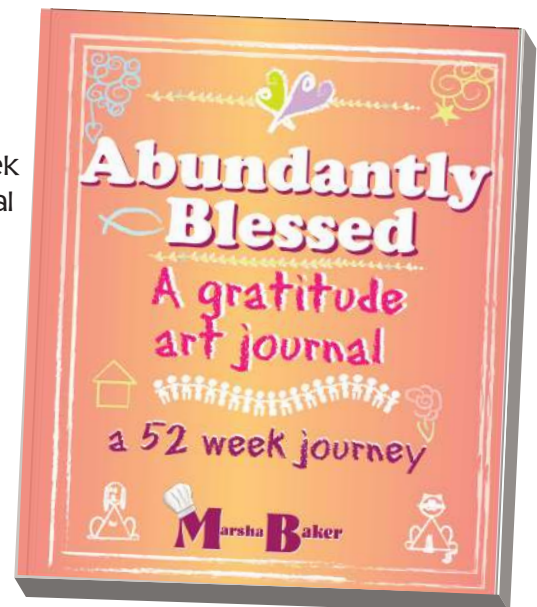
a guided prayer journal



a 28 day devotional ready for your doodles.



a guided 52 week gratitude journal



a guided 365 day 15 minute journal to capture your Scripture notes, thoughts prayers, graticues and doodles



a 30 day guided journal to help you doodle 100 things you are thankful for