

Text for Kindness Sketchnote

Proverbs 16:24

Kind words are like honey.

They are sweet to the spirit and bring healing to the body.

Col 3:12

So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience; bearing with one another, and forgiving each other, whoever has a complaint against anyone; just as the Lord forgave you, so also should you.

How to be more kind:

The Good Samaritan

1. Open your eyes
2. Really listen
3. Seize the moment
4. Spend what it takes

(1 hr 9 min) From Rick Warren's Sermon on Kindness, 10/15/19 Youtube

<https://www.youtube.com/watch?v=rH6RKJOgHz0>

Love is kindness in Action

Rick Warren

Recipe for Kindness

Mix equal parts

Friendliness, helpfulness, laughter, encouragement, and love

The crafting chicks

Proverbs 19:17

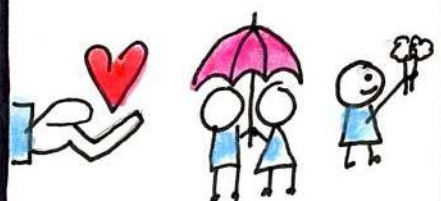
Whoever is kind to the poor lends to the LORD,
and he will reward them for what they have done.

K knowledgeable **I** insightful **N** nurturing **D** Dependable

KINDNESS

A SKETCHNOTE ON KINDNESS - sketchnote Boss

ICONS



KIND WORDS ARE LIKE HONEY
 Sweet to the Soul and Healthy for the Body
 Prov 16:24

Col 3/12
 Clothe your self in
 Compassion
 Kindness
 Humility
 Gentleness
 Patience

How to be MORE Kind:

1. open your eyes to other's needs
 2. Really Listen
 3. Seize the Moment
 4. Spend what it takes \$
- Rick Warren

Luke 10/25-37

Love is Kindness in ACTION!



Random Acts of Kindness:



Recipe for Kindness:
 mix equal parts
 ♥ friendliness
 ♥ helpfulness
 ♥ laughter
 ♥ encouragement
 ♥ love
 The crafting chicks



Knowledge
insightful
nURTURING
Dependable

Being kind to the poor is like lending to the LORD; He will reward you for what you have done.
 Prov 19:17

@Blessinks

Sketchnoted by: Marsha Baker ♥♥♥♥♥